



Elemental

1. How do you describe Ember's character in the first third of the film? What do you see as her strengths?
2. What are the beliefs Ember is starting to question? How do these beliefs shape her behavior?
3. What needs and desires is she becoming aware of? What does it take to live in alignment with these?
4. How is Ember like you, not like you?
5. What does the story of Ember reveal to you about what you want more/less of in your life?
6. Do you see any specific qualities in her that would be useful for you to adopt?

